

LEXINGTON HIGH SCHOOL



**WELCOME,
CLASS OF 2022!!**



High School Administration Team

Principal

Mr. McLain

School Counselor

Mrs. Zearley

Senior Sponsors

Mrs. Coker

Mrs. Hayes

Athletic Director

Coach Garrett

Office Staff

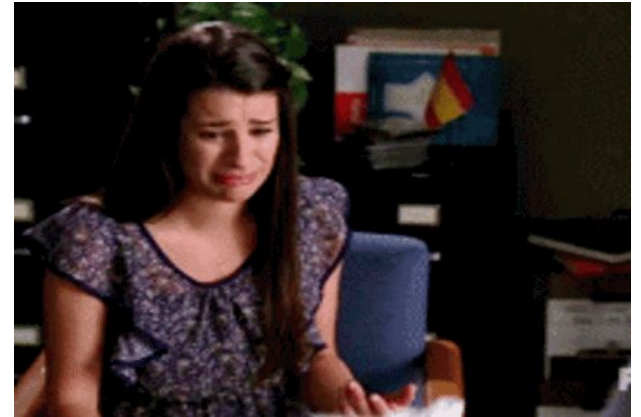
Gena Sullivan, Registrar

Sheree Johnson, Secretary



YOU HAVE A SENIOR!!

Grab a tissue & let's talk through
Senior Year and what you will need
to know



HOW DO YOU GET INFORMATION?

- School Website: lexington.k12.ok.us -> LHS Seniors
- Remind App:
 - text @lexhs22 to 81010 or download the app and put in code @lexhs22
- Google Classroom:
 - Code lrpbtcp
- Newsletter (sent out on Remind, Google Classroom, & website)
- Contact me: jzearley@lexington.k12.ok.us or call the HS Office: 405-527-3810, ext 138



Senior Checklist- FALL

- Take the SAT and/or ACT once more in the fall
- Visit schools interested in to see if it's a match
- Send your official test scores to the colleges to which you are applying; log on to myact.org
- Students on Free & Reduced Lunch can receive fee waivers
- Narrow down your choices for college or career tech to your top 3 to 5 schools.
 - Be sure to include a “dream” school and a “safety” school.
- Start applying for college or career tech admissions.
- Make sure you are aware of application DEADLINES!
 - EARLY DECISION – Most early action applications are due between November 1 and December 1.
- Complete the FAFSA – Free Application for Federal Student Aid.
 - Application opens October 1 – www.fafsa.gov. Current income tax information is required.
- Start collecting letters of recommendation or recommendation forms from teachers, counselors, principals, etc.
- If the form is to be mailed, make sure to include stamped, college-addressed envelopes, making certain all portions are filled out completely and accurately.
- Research and apply for scholarships.
- Scholarships can be found in many places. Make sure to check with the counselor, the Scholarship Matrix, Google Classroom, and the school's website on a regular basis for scholarship information.
- Start on any essays to be included with your applications.
- Watch the mailbox!
- Early decision replies usually arrive between December 1 and 31.
- Stay involved in extracurricular activities.
- Maintain good grades.
- Re-take an interest inventory to explore careers based on your personal interest through OKCollegeStart



Senior Checklist- SPRING

- Continue to check financial aid options and scholarships
 - APPLY, APPLY, APPLY!
- Request that your official high school transcript be sent to your colleges to which you are applying.
- Contact the colleges to which you applied to make sure all your required information has been received and if anything additional is needed.
- Most colleges will notify you if you have been accepted or not by April 15th.
- If you are living on campus, submit your housing deposit.
- Compare college acceptance letters, financial aid and scholarship offers to select the best choice
- Fill out your checkout sheet completely in order to send your final transcripts to the college you will be attending.
- Ensure all AP Exams and test scores are sent to the college you will be attending.
- CELEBRATE!!!



OKCOLLEGESTART.ORG

- Access career interest, strength, and mindset surveys
- Explore 2-year and 4-year colleges
- Search for scholarships
- Learn about financial aid
- Explore traditional, emerging and military career fields
- Create digital portfolios/resumes
- Create an Individual Career and Academic Plan (ICAP)



A screenshot of the OKCOLLEGESTART.ORG website. At the top, the logo 'OKCOLLEGESTART.ORG' is displayed in black and green, with the tagline 'CLICK • COMPARE • CHOOSE' underneath. To the right of the logo are links for 'SIGN IN' and 'CREATE A'. Below the logo is a navigation bar with icons and labels for 'HOME', 'CAREER PLANNING', 'HIGH SCHOOL PLANNING', 'COLLEGE PLANNING', and 'FINAN PLAN'. The main content area features a large image of a diverse group of high school students. Overlaid on this image is the text 'High School Students' in a handwritten font, followed by a yellow box containing the text 'WHAT'S YOUR PLAN FOR COLLEGE? START YOUR PLAN FOR COLLEGE NOW!'. Below this is a section titled 'WHO ARE YOU?' with six circular profile pictures of diverse individuals. Under each profile picture is a label: '> MIDDLE SCHOOL STUDENT', '> HIGH SCHOOL STUDENT', '> COLLEGE STUDENT', '> ADULT LEARNER', '> PARENT', and '> EDUCATOR'.

College Prep/Work Ready Curriculum

Core Courses:

4 Units (years) of English

3 Units of Math (Completed during 9th - 12th)

3 Units of Science including a Physical Science, a Biology, and one additional science unit

3 Units of History/Citizenship Skills

- Must include $\frac{1}{2}$ Unit of Oklahoma History, $\frac{1}{2}$ Unit of US Government 1 Unit of US History, and one additional history unit

1 Additional Unit of the Subjects Listed Above

Additional Requirements:

2 Units of a Foreign Language OR 2 Units of Computer Technology

1 Unit of Fine Art (Music, Band, Art, Etc.)

7 Units of Elective Credit

Total Number of Units Needed to Graduate: 24



Core/Traditional Curriculum

Core Courses:

4 Units (years) of English

3 Units of Math (Completed during 9th - 12th)

3 Units of Science including a Physical Science, a Biology, and one additional science unit

3 Units of History/Citizenship Skills

- Must include $\frac{1}{2}$ Unit of Oklahoma History, $\frac{1}{2}$ Unit of US Government 1 Unit of US History, and one additional history unit

Additional Requirements:

1 Unit of a Foreign Language OR Computer Technology

1 Unit of Fine Art (Music, Band, Art, Etc.)

9 Units of Elective Credit

Total Number of Units Needed to Graduate: 24



Other Graduation Requirements

- **CPR Awareness Course**
 - A course will be taught in November and in January
- **Personal Financial Literacy**
 - Weokie, Acellus, or previously taken since 8th grade
- **ACT & State Assessments**
 - **DONE!!**



POST-SECONDARY OPPORTUNITIES

- Enlist in the military
- MidAmerica Technology Center or other tech center
 - 29 technology centers around the state & FREE until age 22
- Associate's degree (2 year)
- Bachelor's degree (4 year)
- Work
- Gap Year
- Other training or apprenticeships



College Entrance Exams

The ACT: English, Math, Reading, Science Reasoning (does not deduct for wrong answers); all current Seniors took this as part of state assessments in April of their 11th grade year.

Sign up at myACT.org

The SAT: Critical Reading, writing and math (does not deduct for wrong answers)

Sign up at CollegeBoard.org



What is Test Optional and a Holistic Approach?

Test Optional: Not required to turn in test scores (ACT/SAT)

Holistic Review looks at 1. Academic Rigor, 2. Engagement, 3. Writing & Self Expression (essays in the application process), and 4. Letters of Recommendations (to fill in any gaps)



Benefits of an Associate's Degree

The Oklahoma State Regents of Higher Education states that if an Associate's Degree is earned prior to transferring to a 4 year university, then the general education requirements are waived.

- General education requirements are generally 45-60 hours for an associate's degree
- Bachelor's degrees are generally 120 hours or more (degree dependent)

Transfer students & concurrent students should look at courses taken to make sure they will transfer; look at the “transfer equivalency”



BUT WHERE DO I WANT TO GO?!?!

WHAT DO YOU WANT TO DO AND HOW DO WE GET THERE?

- Military
- Tech School
- College (2 yr, 4 yr, +)
- Job

THE BIG THREE

1. DEGREE PROGRAM
2. COST
3. LOCATION

State Regents for Higher Education website to look at different colleges based on location across the state:

<https://www.okhighered.org/state-system/colleges-universities/list.shtml>

**FIND YOUR HOME &
FIND YOUR COMMUNITY!**



What should I be doing for college?!

You can start applying for college NOW!

Many early admission deadlines are coming up soon: October 1 - November 1

Most school specific scholarship deadlines are in December around December 15, 2021.

Most application deadlines are February 1, 2022.



What is the Common App?

A one stop shop to turn in college applications.

You will need:

- Your name and contact info
 - Your Social Security Number
 - Your birthplace
 - Your citizenship status
 - Languages you speak
 - Years lived in the U.S.
- If you are American-Indian or Alaska Native and your tribal enrollment.
 - Your parents' information
 - Sibling information
 - Your resume information
 - Test scores
 - School information and demographics, graduation date



How do I get recommendation letters?

- Ask EARLY
- Give at least 2 weeks notice
- Ask Mrs. Zearley, Mr. McLain, teachers, coaches, or sponsors who know you well
- Provide a copy of a resume
- Fill out and turn in your brag sheet to Mrs. Zearley



SENIOR BRAG SHEET PACKET

- Parents, please fill out the Senior Parent Questionnaire to complete your students' brag sheet packet: <https://forms.gle/EQbnVXiJweUipZ5P7>



COLLEGE & CAREER FAIRS

- LEXINGTON COLLEGE & CAREER FAIR
 - Tuesday, October 12 from 4-7PM
 - HS Commons
 - 20 colleges, military branches, and businesses attending
- Local Career Fairs



COLLEGE VISITS

- Check the Google Classroom, Remind, & Newsletter online
- 2 excused college or career visits during Senior year with note
- Check out Community Colleges for associate's degree
- Schedule a campus visit through admissions



The FAFSA

FREE APPLICATION for FEDERAL STUDENT AID

To complete the free application for FAFSA, you will need:

- Your social security number
- Your alien registration number if you are not a citizen
- Your most recent federal income tax returns, W-2s, and other records of money earned, bank statements and records of investments if applicable
- Records of untaxed income if applicable
- Opens every year on October 1

WWW.STUDENTAID.GOV/FAFSA



FAFSA NIGHT & COMPLETION

- FAFSA Presentation with Mr. Kirk Rushing
 - October 4 @6PM- MS Auditorium
 - Learn what you need for the FAFSA, how to apply, and get your questions answered by an expert!
- FAFSA Completion Night
 - October 12, 4-7PM- HS Library
 - Sign up for a time slot starting September 27



FAFSA Details

- You must file a FAFSA EVERY YEAR that you are in school (tech or college)!! Get it done ASAP. The window to file opens October 1 of every year.
- APPLY AS EARLY AS POSSIBLE
- Within 1-5 weeks after you have filed your FAFSA, you will receive your SAR (Student Aid Report), which you will then proofread and make necessary corrections
- Your SAR will also be sent electronically to the school(s) you select, and based on your EFC (Expected Family Contribution), the school will decide your award amount.
 - *EFC: Parent Contribution + Student Contribution = Expected Family Contribution (EFC)*
- Cost of Attending after you've enrolled - Your EFC = Your Award Amount
- Undocumented parents use 000-00-0000 in place of SSN

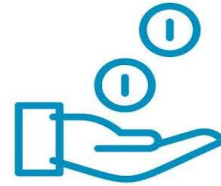
TYPES OF AID



Free
Money



Earned
Money



Borrowed
Money

FREE MONEY

GRANTS

- Pell grants
- Supplemental Education Opportunity Grants
- *Generally granted through FAFSA*

INSTITUTIONAL SCHOLARSHIPS

- Freshman scholarships
- Transfer scholarships
- Academic/scholar/community based scholarships

OUTSIDE SCHOLARSHIPS

- Local scholarships
- High school counselor
- Scholarship Matrix
- Church
- State agencies
- Civic organizations
- Foundations

-Scholarships are merit based.

-Grants are financially needed.

-NEITHER HAVE TO BE PAID BACK

***FREE MONEY IS THE BEST WAY TO FILL FINANCIAL GAPS.**



EARNED MONEY

WORK-STUDY

- Need-based, determined by FAFSA
 - Estimated Family Contribution
- Work on campus to pay for tuition/fees

JOB

- Not need based



BORROWED MONEY

Federal Direct PLUS Loan

- For parents/legal guardians of student
- Determined by credit-worthiness
- Borrower is responsible for all interest
- Parent may borrow up to full amount of education

Direct Unsubsidized Loan

- For undergraduates and graduate students
- Borrower is responsible for all interest

Direct Subsidized Loan

- For undergraduates
- Interest is paid for by US Dept. of Education while student is in school or period of deferment

Private Loans

- Credit based, offered by private banks and credit unions

LOANS

- *MUST be repaid with interest
- *Federal loans are generally lower interest and have flexible repayment options



Scholarship Matrix

- The Scholarship Matrix provides a monthly view of available scholarships for Lexington students. The matrix is updated monthly to reflect new opportunities: <http://www.lexington.k12.ok.us/scmatrix.pdf>. It can be found on the Google Classroom Resources Page or on the school's website

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SCHOLARSHIP MATRIX AUGUST/SEPTEMBER 2021

NAME	AMOUNT	GRADE	REQUIREMENTS	DEADLINE
Vitality Medical's Student Disability Scholarship Program	\$500	12+	Be enrolled in high school and be in the final year of school; be 16 years or older; Maintain a cumulative GPA of at least 3.0; Not required to possess a disability. https://www.vitalitymedical.com/scholarships-from-vitality-medical/disability-scholarship-program	9/15/21
GoSkills Scholarship for Women Who Want to Be the Boss	\$2,000 (awarded twice per year)	12+	Any female high-school student who wants to start her own online business and wants to execute their business ideas. Must submit an application and provide their business plan. https://www.goskills.com/scholarship	DEADLINE #1 9/15/21 (fall) DEADLINE #2 3/15/21 (spring)
DDSRank Dental Scholarship	\$500	12+	Submit an 800 word or less essay on "How do you think use of the internet will reshape – or is already reshaping – the field of dentistry?" and be enrolled as a senior in high school. https://www.ddsrank.com/scholarship/	9/19/21
Atlas Shrugged Essay Contest	\$500- \$10,000	12+	Students must select from 1 of 3 topics listed on the website to write an essay. Essays will be judged on whether the student is able to argue for and justify his or her view - not on whether the Institute agrees with the view the student expresses. Judges will look for writing that is clear, articulate and	9/27/21

Keep a scholarship binder or folder

- Community Organizations
- Churches
- Corporations
- Your parents' employers
- Ethnicity-specific scholarships
- University-based scholarships
- A list of scholarship search engines can be found on the last pages of the scholarship matrix

**NEVER PAY FOR A
SCHOLARSHIP LIST!!!**

Building a Resume

- Use Google Drive or a Flash Drive with information
- All Seniors worked with the National Guard last year to build a resume
 - Can rebuild the resume on OKCollegeStart.Org
- Update each time you receive a new award or do a new activity
- Be active in school
- Consider all the duties that come with acting as an officer in a club
- Hold a part-time job
- Volunteer for charities in the community
 - Document your hours!!
- Be passionate about your extracurricular activities; how are they shaping you and your future?

Concurrent Enrollment

What is concurrent enrollment?

- Not in Concurrent? Could Concurrent be right for second semester?
- Concurrent enrollment allows high school juniors & seniors to enroll in college classes and receive credit in both college and high school. The State Regents for Higher Education of Oklahoma program pays for seniors' tuition for up to 18 hours (6 classes). Fees must still be paid by the student and their families; exceptions for Native American students & Gifted&Talented.
- Dual credit for high school **AND** college credit
- ALL classes WILL count toward HS GPA & college transcripts must be turned in to receive credit



Is Concurrent for Me?

- It is not an automatic A
- Does count toward eligibility and academic probation, depending on final grades you may not be invited back to following semester
- Some out-of-state colleges do not accept certain concurrent courses
- You cannot drop a concurrent course without notifying Mrs. Zearley, as State Law requires every Oklahoma high school student be enrolled in at least 6 hours of of class
 - 1 College Class = 2 HS Classes



Oklahoma's Promise

OK Promise Requirements:

- Must be an Oklahoma resident.
- Must have enrolled in the 8th, 9th, or 10th
- Continue to meet family income must not exceed \$55K per year
- Meet OK High School Course, GPA, and Conduct Requirements
 - Students must be on College Bound/Work Ready Graduation Path
- Overall GPA and Core Classes GPA minimum 2.50 at graduation
- Incomplete applications: call OKPromise
- Fee waivers to most in-state universities



NCAA Clearinghouse

If your student hopes to play college athletics, it takes more than just talent in his/her chosen sport.

Division I, II, III eligibility requirements

- Meet course, GPA, and ACT/SAT requirements
- Foreign Language classes are approved by NCAA
 - Computer Technology is NOT approved
- Due to these requirements, it is important to notify the school counselor ASAP of any NCAA interest

Students must register online with the NCAA Eligibility Center in order to be recruited by Division I or II programs: <https://web3.ncaa.org/ecwr3/>

- Immediately inform Mrs. Zearley when you have registered
- Speak with your coach and Coach Garrett about your interest in college athletics



Important Dates

- **Pay Dues** to Mrs. Hayes ASAP: \$10
- **Josten's** will be on campus October 1st at 1PM to present to all seniors
 - Josten's will be back on October 8th during lunch for orders (11:45AM-12:25PM)
- **PFL** is due by December 15
- March 1, 2022: Last Day to let Senior Sponsors know if you are a **13 year Senior** for Last Roll Call plaque
- **Prom**: Friday, April 8, 2022



Senior Send-Off & Last Roll Call

- Senior Send-Off: date TBD, but generally the week of or before graduation during lunch
- All-School Awards Assembly: morning of the last day of school
- Last Roll Call: the morning of graduation in the Auditorium; time TBD
 - Check your Remind or Google Classroom for updates in late spring



CELEBRATION TIME

GRADUATION

Date: Friday, May 13 @8PM

Where: Floyd West Football Field

Details will be provided on the school's website and through Google Classroom/Remind

Males need to wear black dress shoes or black cowboy boots, black slacks, white dress shirt and tie of choice. NO jeans. Females need to wear black shoes & a black dress/skirt/slacks. No flip flops or backless shoes. Caps may be decorated, but will need approval by Mr. McLain before graduation.



BULLDOG BOLD

