

LEXINGTON HIGH SCHOOL



Administration Team

HS Principal

Mr. David McLain

Athletic Director

Coach JD Beck

HS Counselor

Mrs. Jensen Zearley

Office Staff

Gena Sullivan, Registrar

Brooke Marlow, Secretary



Three Goals for a Successful Year

We strive to ensure every student has a successful freshman year

To achieve this we will focus on three main goals:



- Five academic credits earned by end of year
- Identify and join one school based group/activity/sport
- Connect and build relationship with one trusted adult in the building

Why Talk to the Counselor?

- Healthy Relationships
- Time Management
- Career Exploration/College-Career Planning
- Goal-Setting
- Friendships
- Stress, Anxiety, Anger
- Social, Academic, & Emotional Support
- ACT/SAT/PSAT Testing
- AP Classes and Exams: COMING SOON
- ASVAB (11-12)
- Boy's State/Girl's State (11)
- Alternative/Night School Classes
- Financial Aid
- Concurrent Enrollment (11-12)



Do Freshmen have an open campus for lunch?

- Freshmen are not allowed to leave campus during lunch, except to walk across the street to Sonic or Dollar General
- Freshmen students are allowed to be in the HS Commons or outside by the main entrance during lunch



**What is the bell
schedule?**

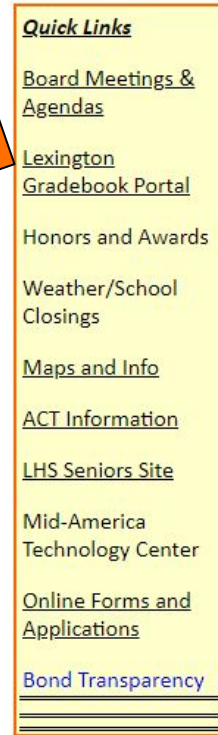
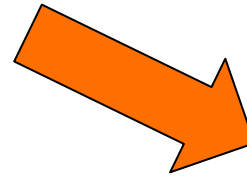
**Bell Schedule
2021-2022**

1st HOUR	8:00-8:54AM
2nd HOUR	8:49-9:50AM
3rd HOUR	9:55-10:47AM
4th HOUR	10:52-11:45AM
LUNCH	11:45AM-12:25PM
5th HOUR	12:30-1:22PM
6th HOUR	1:27-2:19PM
7th HOUR	2:24-3:15PM



How do I keep up with grades?

- Wengage Gradebook Portal allows you to access student grade and attendance information.
- Request a login from Gena or Brooke in the office.
- The website can be found under the “QuickLinks” tab on the school’s website



<http://lexington.k12.ok.us/>



Involvement is Key!

Students:

- Clubs
- Athletics
- Fine Arts
- Volunteer
- Attend school functions
- Communicate with teachers, principal, counselor
- Monitor grades
- Use Google classroom: Class of 2025

Parents:

- Attend school functions
- Keep track of student's activities
- Communicate with teachers, principal, counselor
- Monitor student's academic performance on the Gradebook Portal



How to Get Connected

- Join a club, sport, or performing art group
- Engage in community service activities
- Encourage your student to pursue their interests
- Later in high school, encourage them to get a job, internship, travel, or participate in a college program



Clubs and Extracurricular Activities

- 4-H
- Academic Team- Mrs. Loux
- Archery Club- Mr. Clevenger
- Athletics
- Band- Mrs. Shepherd
- Cheer- Mrs. Hannabass
- FCA- Jodi King
- FCCLA- Mrs. Ross
- FFA- Mr. O
- Fishing Club- Mr. Clevenger
- Gifted&Talented- Mrs. Coker
- Musicals- Mrs. Lind
- National Honor Society- Mrs. Loux
- Scholastic Team- Mrs. Loux
- Show Choir- Mrs. Lind
- STEM Club- Mrs. Hosek & Coach Somers
- Student Council- Mrs. Ennis, Coach Garrett, Coach Stewart
- Theater- Mrs. Lind
- Tutoring Mentors- Mrs. Zearley
- Vocal- Mrs. Lind
- Yearbook- Mrs. Hayes



College Prep/Work Ready Curriculum

Core Courses:

4 Units (years) of English

3 Units of Math (Completed during 9th - 12th)

3 Units of Science including a Physical Science, a Biology, and one additional science unit

3 Units of History/Citizenship Skills

- Must include $\frac{1}{2}$ Unit of Oklahoma History, $\frac{1}{2}$ Unit of US Government 1 Unit of US History, and one additional history unit

1 Additional Unit of the Subjects Listed Above

Additional Requirements:

2 Units of a Foreign Language OR 2 Units of Computer Technology

1 Unit of Fine Art (Music, Band, Art, Etc.)

7 Units of Elective Credit

Total Number of Units Needed to Graduate: 24



Core/Traditional Curriculum

Core Courses:

4 Units (years) of English

3 Units of Math (Completed during 9th - 12th)

3 Units of Science including a Physical Science, a Biology, and one additional science unit

3 Units of History/Citizenship Skills

- Must include $\frac{1}{2}$ Unit of Oklahoma History, $\frac{1}{2}$ Unit of US Government 1 Unit of US History, and one additional history unit

Additional Requirements:

1 Unit of a Foreign Language OR Computer Technology

1 Unit of Fine Art (Music, Band, Art, Etc.)

9 Units of Elective Credit

Total Number of Units Needed to Graduate: 24



Math Coursework

- Students are required to complete *three years* of math during their 9th-12th grade years, regardless of the math courses taken in middle school
- High school level math taken in middle school count as elective credit or as an additional unit



Can student schedules be changed once the semester begins?

- Schedule corrections may take place only during the first 5 days of each semester
- Acceptable reasons for students to submit a schedule change request include
 - Needing Athletics or an audition-based class added
 - Not having enough classes scheduled
 - Changing graduation paths (College/Core)
- Requests for teacher or period changes will not be approved
- All schedule correction requests must be submitted through official slips in the office. Once submitted, the request is sent to Mrs. Zearley to review
- Changes are made based on scheduling availability



How to Become a Sophomore

- Student must earn at least 5 units to achieve sophomore status
- Units/Credits are awarded if students earn an A-D in the class
 - Students who earn a 59/F or below will be required to take the class again if it is a graduation requirement



Attendance Information

- 10 or more unexcused absences in any one hour result in a No Credit/NC for the class.
 - Student who receive a “No Credit” (NC) must repeat the class if it is a graduation requirement
- **Unexcused** = skipping class, leaving campus during your instructional day without attendance office approval.
- **Excused** = illness, medical appointments, religious observance, funeral, jury duty, school-sponsored activities. Doctor’s note or proof is required.
- **Tardy** = any amount of seconds or minutes after the bell rings; after 15 minutes a tardy is counted as an absence.



Getting Good Grades Matter

- Grades count toward your GPA (Grade Point Average). A good GPA helps you stay eligible for extra-curricular activities, college sports, getting into college, Career Tech, and scholarships
- If you earn Fs, you'll have to retake courses during the school year. Failing grades = Ineligibility = *No fun electives*
- Students may take courses through community colleges their 11th and 12th grade years if they meet GPA requirements. Ask your school counselor for details.
- Bottom line: It's easier to do it right the first time than to have to do it again.



What standardized tests should we expect?

- Sophomore Year Test
 - PSAT/NMSQT - October, *optional*
 - Pre-ACT - November, required at Lexington HS
- Junior Year Tests
 - PSAT/NMSQT (National Merit Scholarship) - October
 - *ACT- April
 - *Science and US History State Tests - April
- Completion of ***all** standardized tests is **required** for high school graduation



Other Graduation Requirements



- CPR Awareness
 - Taught during 11th or 12th grade year
- Personal Financial Literacy (PFL)
 - Embedded within the 9th grade Core courses
- Individual Career Academic Plan (ICAP)
 - Academic planning for post-secondary education. Ingrained into academic curriculum and Counseling Lessons
- Internship
 - Must complete at least one internship for ICAP requirements between grades 9-12. MidAmerica Career Tech programs count toward internships

Oklahoma's Promise



OK Promise Requirements:

- Must be an Oklahoma resident.
- Must enroll in the 8th, 9th, 10th, or 11th grade
 - Students cannot get Oklahoma Promise if they enroll *after June 30 of their junior year* (starting Fall 2021)
- Family income must not exceed \$60K per year (starting Fall 2021)
- Meet OK High School Course, GPA, and Conduct Requirements
 - Students must be on College Bound/Work Ready Graduation Path
- Overall GPA and Core Classes GPA minimum 2.50 at graduation.

Athletics Information

JD Beck

Lexington Athletic Director
jdbeck@lexington.k12.ok.us
405-527-3810, ext. 135



Athletics Information

What sports are available at Lexington High School?

Fall Sports

Football

Cross Country G/B

Fast Pitch

Winter Sports

Basketball G/B

Wrestling

Spring Sports

Baseball

Slow Pitch

Track and Field G/B



Eligibility

- How does eligibility work?
 - Starts 3 weeks into the semester & runs every week until the end of the semester/year
 - Counts toward any extra-curricular or school-sponsored events (Athletics, Ag, FACS, Band, Vocal, Academic Team, etc.)
- **Probation** = still allowed to participate & must bring grade back up to a 60/D by the end of their probation week
- **Ineligibility** = can practice, but cannot compete until their grades are brought back up to a 60/D
 - Cannot be failing 2 weeks in a row
- What if my athlete fails a semester class?
 - If a student fails 5 classes in a semester, they are ineligible for 6 weeks in the following semester



NCAA Clearinghouse

If your student hopes to play college athletics, it takes more than just talent in his/her chosen sport.

Division I, II, III eligibility requirements

- Meet course, GPA, and ACT/SAT requirements
- Foreign Language classes are approved by NCAA
 - Computer Technology is NOT approved
- Due to these requirements, it is important to notify the school counselor ASAP of any NCAA interest

Students must register online with the NCAA Eligibility Center in order to be recruited by Division I or II programs: <https://web3.ncaa.org/ecwr3/>

- NCAA recommends registering at the beginning of your sophomore year
- Immediately inform Mrs. Zearley when you have registered



Transition to High School

- Encourage students to take the lead in communicating with their teachers, counselor, and administrator
- Nurture a healthy balance between academics, activities, friends, family, and self



Root for involvement:

Encourage your teen to join a club, a sports team or an afterschool activity. Inclusion can **boost self-confidence**.

"How's it going?"

"What have you been learning?"

LISTEN TO YOUR CHILD

Ask open ended questions.

Show support

Get familiar with their new class schedule and their teachers.



Watch for signs of anxiety or stress.

Changes in mood, appetite and sleep are signs of being overwhelmed.



Children's Hospital Colorado



Important Conversations

- Social media use
- Substance use
 - Alcohol
 - Vaping
 - Prescription drugs
 - Marijuana
- Respect for themselves
- Respect for others
- Healthy relationships
- Mental health



Forms to Turn In

- ***College/Work Ready Opt-Out Form***
 - Fill this form out if you would like your student on the CORE GRADUATION route
- ***Pre-Enrollment Forms***
 - Mark up to 4 Elective Choices (1st Choice is Priority)
- Please be Neat!
- Fill out ALL of the Information
- Return both forms by Monday, May 10th to MS Office



Contact Information

HS Principal- David McLain

dmclain@lexington.k12.ok.us | 405-527-3810, ext. 134

HS Counselor- Jensen Zearley

jzearley@lexington.k12.ok.us | 405-527-3810, ext. 138

Registrar- Gena Sullivan

gsullivan@lexington.k12.ok.us | 405-527-3810, ext. 128

Front Office Secretary- Brooke Marlow

bmarlow@lexington.k12.ok.us | 405-527-3810, ext. 100



Welcome to LHS, Class of 2025!

